

# metro

NEW YORK CITY NO. 1 FREE DAILY

Monday, April 30, 2018 metro.us | t: MetroNewYork | f: @MetroNewYork



## MEET THE NEW GUYS

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# THE END OR THE BEGINNING?



Now that a migrant 'caravan' has reached the southern border, many people are questioning the next step for these asylum-seekers in limbo. 12-13



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THINGS YOU  
NEED TO KNOW

NIKKI M MASCALL, REPORTER

Technology has helped make human interaction somewhat foreign, especially within the tech industry itself. But starting today, Betaworks, the company that incubates innovative tech products for work and play, hopes to disrupt the norm with the launch of Studios, its communal hub for member entrepreneurs, creatives and "builders" to create, learn practical skills and network with actual humans. Get an inside look on page 4 or visit [metro.us](http://metro.us).

WELCOME TO  
METRO.USTRUMP THREATENS  
SHUTDOWN OVER WALL

President Donald Trump on Saturday threatened to shut down the federal government in September if Congress did not provide more funding to build a wall on the border with Mexico. "That wall has started, we have 1.6 billion [dollars]," Trump said at a campaign rally in Washington, Michigan. "We come up again on Sept. 28 and if we don't get border security we will have no choice, we will close down the country because we need border security." Trump made a similar threat in March to push for changes in immigration law that he says would prevent criminals

from entering the country. A \$1.3 trillion spending bill, which Trump signed last month, will keep the government funded through the end of September. A government shutdown ahead of the November mid-elections is unlikely to be supported by fellow Republicans eager to keep control of the Congress. Trump cited the hundreds of Central American migrants traveling in a "caravan" as one of the reasons for strong border security. "Watch the caravan, watch how sad and terrible it is, including for those people and the crime that they inflict on themselves and that others inflict on them," said Trump.

US WARNS NORTH KOREA  
ON DENUCLEARIZATION

Secretary of State Mike Pompeo said on Sunday that he told Kim Jong Un that the North Korea leader would have to agree to take "irreversible" steps toward shutting its nuclear weapons program in any deal with President Donald Trump. "We use the word 'irreversible' with great intention," Pompeo told ABC News. "We are going to require those steps that demonstrate that denuclearization is going to be achieved." Pompeo's comments were the most extensive yet regarding his Easter weekend talks in Pyongyang with Kim in preparation for a summit next

month between the North Korean leader and Trump. Pompeo, the former CIA director who was sworn in as the top U.S. diplomat on Thursday, said his meeting with Kim was "a productive one." Kim expressed his readiness to discuss Trump's demand "and to lay out a map that will help us achieve that objective," Pompeo said. His assessment likely will add to hopes for a breakthrough that brings peace to the divided Korean peninsula following an historic summit last week between Kim and South Korean President Moon Jae-in at which the pair vowed "complete denuclearization."

ANNUAL CHERRY BLOSSOM FESTIVAL  
HELD AT BROOKLYN BOTANIC GARDEN

A visitor lays on an inflatable chair during the Sakura Matsuri (cherry blossom festival) at the Brooklyn Botanic Garden on April 29, 2018, in New York City. Now in its 37th year, the annual event celebrates contemporary and traditional Japanese culture among the blossoming cherry trees.



GETTY IMAGES

T-MOBILE, SPRINT SAY NEW  
DEAL WILL BEAT CHINA

T-Mobile US Inc. and Sprint Corp. said on Sunday they had agreed to a \$26 billion all-stock deal and believed they could win over skeptical regulators because the merger would create thousands of jobs and help the United States beat China to creating the next generation mobile network. The agreement capped four years of on-and-off talks between the third and fourth largest U.S. wireless carriers, setting the stage for the creation of a company with 127 million customers that will be a more formidable competitor to the top two wireless players, Verizon Com-

munications Inc. and AT&T Inc. U.S. regulators, who have challenged in court AT&T's \$85 billion deal to buy U.S. media company Time Warner Inc., are expected to grill Sprint and T-Mobile on how they will price their combined wireless offerings. Verizon has 116 million U.S. wireless customers, according to a spokesman, while AT&T has 93 million branded customers, as of the first quarter. The new deal will create the highest-capacity U.S. network, lower prices, create jobs and improve service in rural areas, said John Legere, the chief executive of T-Mobile and the new head of the proposed combined company.

US CONCERNED BY IRANIAN  
GOAL TO DOMINATE REGION

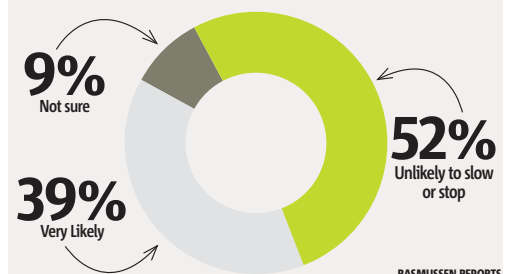
The U.S. is "deeply concerned" by Iran's ambition to dominate the Middle East, new Secretary of State Mike Pompeo said after meeting Israeli Prime Minister Benjamin Netanyahu on a flying visit on Sunday. "We remain deeply concerned about Iran's dangerous escalation of threats towards Israel and the region," Pompeo said in remarks alongside Netanyahu. The former CIA director was speaking on a flying visit to the region, where he had earlier in the day met with Saudi King Salman in Riyadh and stressed the need for unity among Gulf allies as Washington aims to

muster support for new sanctions against Iran to curb its missile program. The whirlwind trip to NATO in Brussels and to Middle East allies came only hours after Pompeo was confirmed as Trump's top diplomat. He has not even visited his own office yet, he told Netanyahu. Pompeo said in Tel Aviv: "We remain deeply concerned about Iran's dangerous escalation of threats towards Israel and the region." He added: "Strong cooperation with close allies like [Israel] is critical to our efforts to counter Iran's destabilizing and malign activities through the Middle East, and indeed, throughout the world."

## STATS

## IRAN NUCLEAR DEAL

The United States reached an agreement with Iran in 2015 that ends some economic sanctions on that country in exchange for cutbacks in Iran's nuclear weapons program. How likely is it that Iran slowed or stopped its development of nuclear weapons as a result of the agreement — unlikely, very likely or uncertain?



RASMUSSEN REPORTS



# PLANNED WORK

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## NEWS



Betaworks is launching Studios, a space to provide members with practical skills workshops, business opportunities and more human networking. **ALL PHOTOS BETAWORKS**

# Betaworks introduces Studios to connect creative builders

Studios' goal is to provide a meaningful experience for members with practical skills workshops, human networking and business opportunities.



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For the past decade, Betaworks has been building innovative tech products that have since become

instrumental in our work (Bitly, TweetDeck) and play ("Dots," Giphy).

"This office space acted like an unofficial community space, and what we want to do now is open it up to be a much more official community space," said James Cooper, head of creative.

The way Betaworks is going about that is Studios, a space that launches Monday in its Meatpacking District headquarters that will be a communal hub for member entrepreneurs, creatives and other "builders" to develop

projects, connections and inspiration.

Betaworks Studios comes at a time when humans interact with tech more than other humans, even as they're sitting next to one in an office, and the agile workforce is ever growing.

"It's become really acute, the need to come together and have a place to come together as a community and as an industry," said Studios President and COO Daphne Kwon. "It can't be all digital all the time."

For more info, visit [betaworks.com](http://betaworks.com).



Betaworks CEO John Borthwick addresses the audience at Studios' first event, "Fixing Facebook."



Studios was launched as a space to provide members with practical skills workshops and business and networking opportunities.

## BETAWORKS STUDIOS: CONNECTING A COMMUNITY OF CREATIVES

The 10,000-square-foot Studios space is broken into three sections: The S Bar, The Forum and The Library.

The S Bar — which Cooper said stands for "service bar, Studios bar and startup bar" — is located near floor-to-ceiling windows that look out onto buzzing Little West 12th Street. It will be manned by a concierge to help members navigate their Studios time, whether it's to grab coffee, book a conference room or even introduce them to that designer or other builder they've been looking for to get a project off the ground.

The centrally located Forum will feature circular and moveable furniture to accommodate groups of any size, and "the idea is this is your club, your community space. Move the furniture,"

Cooper said.

The glass-walled Library will offer a large table and a space to work, but Studios is not a coworking space, Cooper clarified.

"Some coworking spaces feel narrow, almost like cubicles, but where do you go to actually talk to people? This can be the water cooler place," he said.

Studios also offers 10 booths tucked into curved walls with soundproofing materials that offer the privacy of a conference room without being cut off from the creative action. There are also two small phonebooth-sized rooms and two private conference rooms, all named after past and current builders. A space called the White Cube features whiteboard walls for brainstorming

sessions.

With their \$2,400-a-year Studios membership, which can be paid monthly, builders will be able to attend workshops, talks, dinners and more.

"Of our all our goals, we're attempting to hit member happiness, to make them feel like they're getting something they wouldn't get on their own," said Ben Scheim, Studios vice president of programming. "Hopefully they come away with something meaningful for them, whether that's practical skills or person-to-person networking connections or business opportunities."

While the Meatpacking District location of Betaworks Studios will be the flagship, a global rollout is currently in the works.



Studios features booths with soundproofing materials that offer the privacy of a conference room.

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# New analysis: Moving just two blocks across a neighborhood line could mean cheaper rent

Real estate site RentHop has a new report on how moving across a neighborhood boundary could save renters money.



KRISTIN TOUSSAINT  
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If you're looking for a cheaper apartment but don't want to stray too far from the area in New York City you've come to love, here's some good news: In some cases, just moving across the street could save you money in rent, according to a recent report.

Real Estate site RentHop looked at how the rent prices of one-bedroom apartments vary across the street boundaries of New York City neighborhoods.

At East 96th Street in

Manhattan — the dividing line between East Harlem to the north and the Upper East Side to the south — median rents see a sharp drop, RentHop found, when you go just two blocks north.

Both walk-up and non-walk-up apartment buildings, which RentHop defines as "buildings with either a doorman or an elevator feature," saw that effect, with rents going down \$1,350 and \$381.25 respectively.

Across lower Third Avenue, RentHop found a price savings of \$995 per block when moving toward the east side of the neighborhood boundary.

The outer boroughs saw similar patterns. In Brooklyn, residents living around the Broadway boundary could save up to \$300 by moving to a walk-up apartment three blocks west, and in Queens, renters could save \$250 if they move



View of the Upper East Side from 96th Street WIKIMEDIA COMMONS

just two to four blocks south of 36th Avenue.

Selina Wong, a data scientist at RentHop, explained that one of the main reasons for a price drop across a street is due to "recent advancements in gentrification where more high-rise buildings and condos are

developed."

This is evident at East 96th Street, she noted in an email, though the 2017 opening of the Second Avenue subway station in East Harlem could have also lead to some price differences.

"In Brooklyn, the difference in rent prices

across street boundaries can be traced back to the rise of luxury condos and new buildings," she continued, "such as in the case of Classon Avenue, which separates Clinton Hill, Prospect Heights, Prospect Park on the West and Bedford-Stuyvesant, Crown Heights, Prospect

## \$995

Across lower Third Avenue, RentHop found a price savings of \$995 per block when moving toward the east side of the neighborhood boundary.

Lefferts on the East.

Another surprising finding from this report, Wong pointed out, was that renters would typically save more when they choose a non-walkup building across East 96th Street, West 72nd Street, Houston Street and Lower Third Avenue, compared to walk-up building apartments. So if you need to walk a few more blocks to your new place, at least you could have the perks of a doorman or elevator.

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Unit Size	Monthly Rent <sup>1</sup>	Units Available	Household Size <sup>2</sup>	Annual Household Income <sup>3</sup> Minimum – Maximum <sup>4</sup>	Monthly Rent <sup>1</sup>	Units Available	Household Size <sup>2</sup>	Annual Household Income <sup>3</sup> Minimum – Maximum <sup>4</sup>
1 bedroom	\$558	5	1 person	\$21,600 - \$29,240	\$720	5	1 person	\$27,155 - \$36,550
			2 people	\$21,600 - \$33,400			2 people	\$27,155 - \$41,750
2 bedroom	\$676	5	2 people	\$25,783 - \$33,400	\$870	5	2 people	\$32,435 - \$41,750
			3 people	\$25,783 - \$37,560			3 people	\$32,435 - \$46,950
			4 people	\$25,783 - \$41,720			4 people	\$32,435 - \$52,150
1 bedroom	\$882	12	1 person	\$32,709 - \$43,860	\$1,254	7	1 person	\$45,463 - \$58,480
			2 people	\$32,709 - \$50,100			2 people	\$45,463 - \$66,800
2 bedroom	\$1,065	12	2 people	\$39,120 - \$50,100	\$1,511	7	2 people	\$54,412 - \$66,800
			3 people	\$39,120 - \$56,340			3 people	\$54,412 - \$75,120
			4 people	\$39,120 - \$62,580			4 people	\$54,412 - \$83,440

<sup>1</sup> Tenant responsible for electric

<sup>2</sup> Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

<sup>3</sup> Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

<sup>4</sup> Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

### How Do You Apply?

Apply online or through mail. To apply online, please go to [nyc.gov/housingconnect](http://nyc.gov/housingconnect). To request an application **by mail, send a self-addressed envelope to: St Albans Cycle of Life c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

### When is the Deadline?

Applications must be postmarked or submitted online no later than **June 25, 2018**. Late applications will not be considered.

### What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

### Español

Presente una solicitud en línea en [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: **St Albans Cycle of Life c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418**. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de **25 de junio 2018**.

### 简体中文

访问 [nyc.gov/housingconnect](http://nyc.gov/housingconnect) 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至: **St Albans Cycle of Life c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418**。信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请**2018年6月25日**。

### Русский

Чтобы подать заявление через интернет, зайдите на сайт: [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу **St Albans Cycle of Life c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418**. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее **25 июня 2018**.

### 한국어

[nyc.gov/housingconnect](http://nyc.gov/housingconnect) 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 **St Albans Cycle of Life c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418**으로 보내주세요. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주세요. 2018년 6월 25일까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.

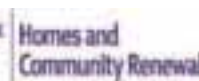
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Aplike sou entènèt sou sitwèb [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Pou resewva yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: **St Albans Cycle of Life c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418**. Nan dèyè anvlòp la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat **jen 25, 2018**.

### العربية

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# NYC Transit set to unveil subway signal system with \$20 billion price tag

Transit chief Andy Byford admitted that there is plenty of work to be done to earn back the public's trust.



SARAH LUOMA  
letters@metro.us



NYC Transit is set to unveil subway signal system project. GETTY IMAGES

# 472

Transit chief Andy Byford plans to install the signal system at all 472 stations.

In the coming days New York City Transit chief Andy Byford will unveil a new project to revamp the subway's outdated signal system, according to reports.

The subway signal system project could cost up to \$20 billion to revamp as it has not seen updates since the 1930s. Byford plans to install the signal system at all 472 stations.

The decision to update the system comes after Gov. Andrew Cuomo declared a state of emergency last year after a slew of delays and train derailments that caused injuries to dozens of commuters.

New to the job, the British-born Byford, who has helped improve the transport systems for London, Toronto and Sydney, experienced Cuomo's concerns firsthand after only a month in his position as New York City Transit Chief when the subway's signal system was the cause be-

hind a five-hour delay in Queens.

Since taking on his post, Byford has been seen riding the subway, talking to New Yorkers to get their take on how they would improve the MTA.

"To be honest, I expected to get a lot of flak, but people were very appreciative that I was there," Byford shared.

While attending the Regional Plan Summit this past week, Byford supported the idea of funding the \$20 billion subway signal system project by charging congestion pricing, a fee to drivers entering Midtown an idea raised by Cuomo.



Work that began in September on the 100-plus-years-old Myrtle Viaduct on the M line has ended, making it rider-ready for next year's L train shutdown. FLICKR/MTA

## MTA: Regular M train service resumes 'on time and on budget'

Since September, MTA crews have been rebuilding the 100-plus-years-old Myrtle Viaduct on the M train line, which has caused service disruptions for many city straphangers.

But the \$163 million project comes to an end Monday when service on the M train will be fully restored as promised, the MTA announced Friday.

"Completing this project on time and on budget was critical to show how serious we are about minimizing impacts on our customers as we perform this important work," MTA

Chairman Joseph Lhota said in a statement. "This is a major win for our customers and the surrounding community. We promised to modernize and stabilize the subway system, and we thank our customers for their continued patience as we take the necessary steps to do so."

The months-long work on the deteriorating Myrtle Viaduct, which was built in 1913 to carry trains between Myrtle Avenue and Central Avenue and is critical for 60,000 weekday riders, included completely demolishing it

and building a brand-new structure.

The work followed Phase I, which involved the demolition and reconstruction of the M train's Fresh Pond Bridge that took place last July.

With Monday's restoration of M train service on the Myrtle Viaduct, riders will be able to access the full M line and connect to J and Z trains, both of which will be critical alternatives for straphangers who will travel between Manhattan and Brooklyn during the 15-month L train shutdown slated to begin in April 2019. NIKKI M. MASALI



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As the LIRR's Double Track Project nears completion, there are some weekday service changes that will be in effect from April 30 through May 18. **FICKER/MTA**

# LIRR schedules to change as track work nears completion

Weekday peak and non-peak service changes will be in effect from April 30 through May 18.



**NIKKI M. MASCALI**  
nikki.mascali@metro.us

As the LIRR enters its final phases of track work this spring, passengers can expect some service changes to go into effect on Monday and continue through May 18 on its Ronkonkoma and Montauk branches.

As part of the LIRR's Double Track Project that is slated to be finished by the end of the summer, crews will work around the clock to connect new track to existing track and install a third rail west of the Central Islip station. Work will also be done on new

7:15 a.m. instead, with added stops at Jamaica and Kew Gardens. It will arrive at Penn Station at 8:23 a.m. Ronkonkoma customers will board alternate trains at 6:56 a.m. or 7:19 a.m.

- The 4:11 p.m. off-peak train from Ronkonkoma will depart two minutes earlier at all stops through Bethpage to arrive at Penn Station at 5:38 p.m.

- The 7:13 p.m. and 7:58 p.m. off-peak trains from Ronkonkoma will combine to depart at 7:45 p.m. and arrive at Penn Station at 9:12 p.m.

#### Eastbound:

- The 5:11 a.m. off-peak train from Penn Station to Ronkonkoma will terminate at Brentwood at 6:22 a.m.

Substitute bus service will be provided to Central Islip and Ronkonkoma, and commuters should plan on an extra 31 minutes of travel time.

- The 3:07 p.m. off-peak train from Penn Station to Ronkonkoma will depart

two minutes later and arrive at Ronkonkoma at 4:30 p.m.

- The 7:11 p.m. peak train from Penn Station to Ronkonkoma will leave six minutes later and arrive at Ronkonkoma at 8:43 p.m.

#### Montauk Branch weekday changes

- The 6:21 a.m. peak train from Speonk will depart two to three minutes earlier at all stops but Kew Gardens through Jamaica to arrive at Penn Station at 8:19 a.m. Transfer at Jamaica for service to Kew Gardens.

There will also be some additional weekday changes during this time for Babylon, Port Jefferson and West Hempstead Branches. Visit [mta.info](http://mta.info) for more specifics.



track and signal systems from Deer Park to Farmingdale, and new track panels will be installed in Ronkonkoma ahead of track alignment work scheduled to start at that station in June.

Platform and overpass work will continue at the Wyandanch station as canopies and roofing are put in, and new signal huts will be placed at Farmingdale.

Due to the work, service changes will be in effect, and while most will affect off-peak service, a few rush-hour trains will be impacted from April 30 to May 18.

#### Ronkonkoma Branch weekday changes Westbound:

- The 7:04 a.m. peak train from Ronkonkoma to Penn Station will originate at Brentwood at

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# It's OK to ask for help. And it's available, free, friendly and professional

Hundreds of thousands of New Yorkers suffer from mental health problems in silence. Support is out there.



JACOB GREEN  
letters@metro.us

May is Mental Health Awareness month, and as New York can be one of the most emotionally challenging/stimulating/draining cities in the world, it's especially important for us to take care of ourselves. And vital to remember that — just like on a rush-hour train — you are never alone.

At least one in five adult New Yorkers experience a mental health disorder in any given year, and almost one in 10 suffer from depression. These are not just adult



The hardest thing to do is ask for help. And the rewards for taking that step are too many to count. iStock

issues — about 8% of New York City public high school students report attempting suicide.

These frightening statistics don't just frame the emotional baggage we carry; they also have a financial impact on the city — \$14 billion are lost to productivity every year

due to depression and substance misuse.

Unfortunately, mental health challenges are faced disproportionately by people of color and the LGBTQ community, both of which are often underserved when it comes to services. Thankfully there's a solution, and

it isn't necessarily in an expensive doctor's office. You'll find it at the library.

The Queens Library, in collaboration with industry experts, has curated a program of classes and workshops that address mental health from myriad angles, and in multiple languages (English, Span-

ish and Mandarin) — all free.

Everyone could use a better night's sleep, but if you're chronically tired check out a "Coping with Insomnia" or "Sleep Hygiene" session — there are certain behavioral shifts that might help you squeeze out a few more ZZZs each evening.

Feeling low, generally? Sometimes we need a bit of motivation in order to structure more joy into our day-to-day. Stop by "It's Not My Life" to learn about what might be getting you down, but more important, what you can do to saddle positivity and ride it to success.

There's even a "Guided Meditation" session that will help you focus. And don't forget children can experience just as much stress as you (minus the bills!). Consider sending your young ones along to a "Stress Management

for Children" meeting so they can learn skills and tips to keep them on an even-keel.

Further, there are group meetings for caregivers, because when we pour so much of ourselves into others it's easy to neglect yourself.

Fiona Harvey and Tamara Michel, health professionals at the Queens Library, curated the month's calendar of programs with their communities in mind. "Mental health awareness is such a pertinent and sentimental initiative; Tamara and I worked diligently to bring this Queens Library project to fruition" says Harvey.

You're in good hands, and will find a comfortable, safe space this May at Queens Library. For more information and a calendar events, visit [queenslib.org/mental-healthawareness](http://queenslib.org/mental-healthawareness).

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U.S. immigration lawyers had warned the migrants of the low odds for winning asylum and the likelihood of detention, separation from relatives and deportation. **ALL IMAGES GETTY IMAGES**

# Migrants from caravan in limbo as US says border crossing is full

It was not immediately clear whether the group would be turned back or allowed in later.

About 50 people from a Central American migrant caravan including women, children and transgender individuals tried to seek U.S. asylum on Sunday but were not immediately allowed to cross the Mexico border because officials said the facility was full.

Wearing white arm-bands to distinguish themselves from others crossing at the San Ysidro checkpoint near San Diego, some of the asylum-seekers waved good-bye to family members who made a difficult decision to stay behind in Mexico.

About 20 people in the group were able to reach the final fence at the busy crossing, where they were watched by armed U.S. border guards who did not immediately open the gate.

"We have reached capacity at the San Ysidro port of entry," said Customs and Border Patrol (CBP) Commissioner Kevin McAleenan in a statement on Sunday, adding that the immigrants "may need to wait in Mexico."

The monthlong caravan at one point gathered

1,500 immigrants from Honduras, Guatemala and El Salvador and drew the wrath of President Donald Trump, who ordered his immigration officials to be zealous in enforcing rules to stop unlawful entry by caravan members.

More migrants from the caravan, which numbered around 400 people by the time it reached Tijuana, also planned to seek asylum.

**1,500**

At one point, the caravan had gathered 1,500 immigrants from Honduras, Guatemala and El Salvador.

The mood was sombre following a gruelling 2,000-mile trek to the border. U.S. immigration lawyers had warned the migrants of the low odds for winning asylum and the likelihood of detention, separation from relatives and deportation.

"I'm nervous. I'm afraid," said Linda Sonigo, 40, walking solemnly towards the U.S. gate with her 2-year-old granddaughter in her arms. "I'm afraid they'll separate

us," she said, motioning to her two children and grandchild.

U.S. officials do not usually separate children from parents seeking asylum, although immigration advocates have reported instances of it happening. Families often spend less time in detention than other groups.

After U.S. border officials said the check point was full, organizers of the caravan put forward what they called the "most vulnerable cases" to cross the border first, including children under threat and transgender people who say they face persecution in Central America.

Sonigo said her family was fleeing gang violence in El Salvador. Others in the group who decided their cases were not strong enough to have a good shot at asylum tearfully said farewell to relatives they may not see again for years.

Asylum-seekers must demonstrate a well-founded fear of persecution at home, and the overwhelming majority of those from Central America are denied refuge in the United States.

After making a claim, asylum-seekers are usually kept in detention centres. Women with young children generally spend less time locked up and





Officials have stated that the check-point facility at the southern border was full.

are released to await their hearings.

Those denied asylum are generally deported to their home countries.

Death threats from local gangs, the murder of family members, retaliatory rape and political persecution prompted members of the caravan to flee, members of the group have told Reuters.

McAleenan said the border patrol would com-

**"I'm nervous.  
I'm afraid.  
I'm afraid  
they'll  
separate  
us."**

Linda Sonigo

municate with Mexican authorities about capacity at San Ysidro, a move reminiscent of an ad hoc system created to manage an influx of Haitians two years ago, when the U.S. border agency set daily quotas for immigration interviews.

U.S. border authorities said Saturday that some people associated with the caravan had already been caught trying to slip through the fence and encouraged the rest to report to authorities. REUTERS



Asylum-seekers must demonstrate a fear of persecution to be granted asylum.



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TRUMP'S AMERICA

# TRUMP'S AMERICA: WWPD? FIRE THE HOUSE CHAPLAIN FOR A PRAYER

Analysis

## ELLIS HENICAN

Metro columnist Ellis Henican is the best-selling author of a dozen books including "Trumpitude: The Secret Confessions of Donald's Brain." Join Ellis on Twitter @henican.



**H**oly Mary, Mother of God! What on Earth is Paul Ryan trying to prove?

That a Catholic priest can't minister to people with families? That God-fearing politicians shouldn't look out for the poor? The outgoing Speaker sure has raised some dicey questions by abruptly dismissing the chaplain of the House.

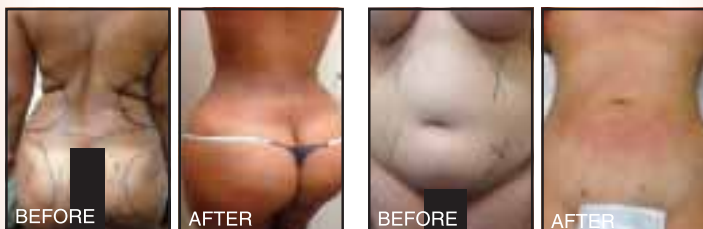
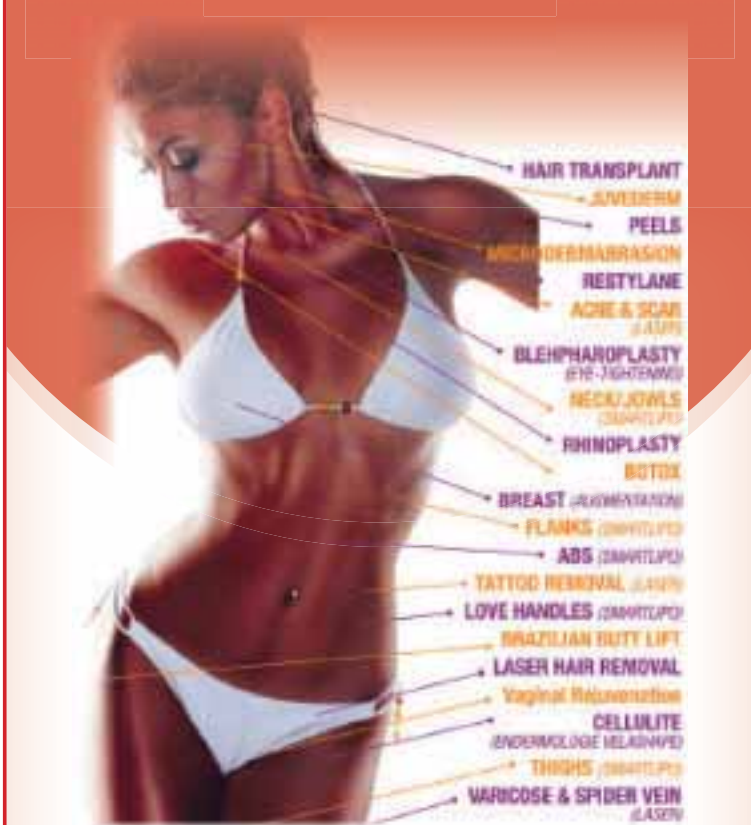
Ryan has been notably vague on why exactly he canned Father Patrick Conroy, a well-regarded Jesuit priest who'd ministered to the spiritual needs of Congress for the past seven years. But this much is clear: Some of Ryan's more conservative members took offense at Father Conroy's

prayer last November as the House was considering a massive tax cut that critics called a gift to wealthy individuals and big corporations. During his morning invocation, the Catholic chaplain beseeched the lawmakers to make sure "there are not winners and losers under new tax laws, but benefits balanced and shared by all Americans."

Boilerplate Christianity, right? No, that's not how some of Ryan's members took the priest's words.

They accused him of being overly political. Others seemed to find Father Conroy too Catholic, even jabbing at his vow of priestly celibacy. "I'm looking for somebody

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Rep. Paul Ryan has been notably vague on why exactly he canned Father Patrick Conroy, a well-regarded Jesuit priest who'd ministered to the spiritual needs of Congress for the past seven years. **GETTY IMAGES**

who has a little age, that has adult children, that kind of can connect with the bulk of the body here, Republicans and Democrats who are going through, back home, the wife, the family," said North Carolina Congressman Mark Walker, a Southern Baptist minister who co-chairs the House Prayer Caucus and is helping to choose Conroy's replacement.

No Roman collars, in other words.

The continuing uproar has left Ryan, himself a devout Catholic, in an uncomfortable and self-created squeeze. A Catholic chaplain is under assault for teaching Christ's message and following the rules of his church. What exactly should a congressional chaplain do if not speak up for the poor? Pray for

the further enrichment of the Koch brothers and the expanding influence of the NRA?

Ryan could have ignored the anti-Catholic bigots or pushed back on them. Instead, he delivered the Thomas Aquinas treatment to Father Conroy.

They don't use guillotines in Washington. They have other ways.



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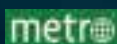
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1:35 - 1:55 pm	Presentation by Copenhagen Business School
2:00 - 2:30 pm	Admissions hints and tips: Q&A with leading Business Schools
2:30 pm	Start of the fair
2:30 - 3:00 pm	Understanding and Preparing for the GMAT exam
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## ADVERTISEMENT

# “Demand Soars For Innovative Arthritis Treatment FDA

**NYC Pain MD** doctors offer powerful, cutting-edge arthritis treatment... prepares for overw

By Matt Edgar

America's Health Writer

Arthritis sufferers can't get it fast enough and doctors offering it can't keep up with the demand. "Results are better than even I anticipated" noted one of the treating docs at the **NY Pain MD** Center for Non-Surgical Medical Relief Of Spine And Joint Pain with two locations right here in NYC.

He was referring to their innovative arthritis treatment program featuring Advanced Image-guided "Visco-Supplementation" at the conveniently located clinics..

"The response continues to be overwhelming. Once patients found out there was an FDA cleared, doctor-administered arthritis treatment that actually works – without the side effects of oral pain pills or risks of replacement surgery - and has enough scientific research that it is covered by many insurances and even Part B medicare – the offices continue to be deluged with arthritis pain sufferers wanting to find if they, too, can be helped. And newer research indicates it can help hips, ankles and shoulders as well".

### What Is This

#### Treatment And How Does It Work?

If you are suffering with knee (or other joint) arthritis and pain, you are not alone. Degenerative joint disease or "arthritis" affects 21 mil-lion Americans and typically involves the weight bearing joints – like your knees. According to the American College of Rheumatology, nearly 70% of people over the age of 70 have x-ray evidence of the disease (and the ranks of much younger victims of this progressive disorder continue to grow significantly).

**The worst thing is:** Arthritis can be devastating. The pain can keep you up at night and make getting out of bed and moving around a daunting task. The pain and stiffness can suck all the happiness and joy right out of your life

And up until now, treatment options have not been that good...

or that appealing to most patients. The basic protocol has been a steady diet of toxic pain pills until your joints completely wear out and then it's time to surgically replace the knee joint.

### But Now Things Have Changed

Osteoarthritis is a joint disease that mostly affects the cartilage. Cartilages the tissue that covers the ends on bones in a joint. When healthy, cartilage allows bones to glide smoothly over one another and acts as a shock absorber. Your "normal" knee also contains a small amount of fluid called synovial fluid. This synovial fluid is a thick, gel-like solution that cushions and lubricates the joint—much like oil lubricates the engine of your car.

In osteoarthritis, the synovial fluid loses it's lubricating properties and "dries up" allowing the cartilage to break down and wear away. This is *like running your car with little or no oil*. Now as you attempt to use your knee(s), there is not enough lubrication causing the bones to grind together resulting in pain, swelling, stiffness and the joint continues to wear out. This is a vicious cycle and can lead to bone-on-bone rubbing and excruciating pain. Pain pills do NOT lubricate the joint or fix the problem. They simply mask the pain so you do not feel the pain as your joints continue to deteriorate. The eventual repercussions of this are obvious.

### "Visco" Is Very Different

And here is why: It contains hyaluronate, one of the two natural lubricating agents found in your own synovial fluid. Viscosupplementation is precisely introduced directly in to your knee joint in a series of 3-5 treatments (depending on severity) over a 4 to 6 week period. This instantly cushions the joint, reduces friction and allows greater motion with less pain or no pain at all in some cases.

This treatment not only lubricates the joint, but it acts as a shock absorber helping reduce grinding, inflammation and pain. **Here's something very important to consider:** Even though these lubricating medicines are non-toxic natural substances and are NOT considered a drug, it is NOT something you can get at your local health food store. It is scientifically researched and produced by pharmaceutical companies, FDA cleared and can ONLY be administered by

a qualified Doctor.

### What's Results Can You Expect?

According to one developers and manufacturers of these special gel medicines ... "A course of treatment –will relieve pain in

a majority of patients for 6 months without the safety concerns of non-steroidal anti-inflammatory drug (NSAID) therapy. In many patients, the effect is likely to last even longer than 6 months. "And the best part is: Since these gel lubricants are natural substances; they can be used over and re over when necessary without risk. If it works for you, you may be able to look forward to years with less pain.

### Who Should Consider Viscosupplementation... Where Can You Get It And...

#### When Should You Start?

You should certainly consider The **NY Pain MD** method if you have been diagnosed with knee arthritis or told you need a knee replacement. If you have not been diagnosed with arthritis but have either knee pain, stiffness, swelling, difficulty walking or climbing stairs or loss of motion in the knee – you should have an examination to determine what the cause of your problem is. If you have any of those issues mentioned, there is a very good chance you already have-or are starting to get arthritis.

### Very Important – Do Not Wait - Here's Why ...

Studies indicate that if the arthritis is caught soon enough, the cushioning effect of the treatments c may be able to help the knee heal and possibly, slow the arthritis thus help avoid joint replacement surgery. In other words, the sooner you start – the better. Does the procedure hurt? A local anesthetic is given to numb the area and the procedure is virtually painless. Most patients say it feels like nothing more than a slight "pinching" sensation... that's it.

### Why Treatments At NYC Pain MD Are So Extremely Precise

Our doctors are particularly well-trained in a state-of-the-art digital fluoroscopic imaging - also known at Precision Arthritis Targeting - which allows them to see directly inside the joint during the procedure and get the natural cushioning medicine exactly where it needs to go. This makes sure treatments have the best possibility for maximum success. This is crucial because studies indicate that when doing these types of procedures - without digital imaging - it can miss the joint space up to 30% of the time rendering the treatment outcomes less effective.

### How To Check Out This Breakthrough Treatment And See It Is Right For You For FREE

All the doctors at **NY Pain MD** are extremely excited about the response and results with this wonderful treatment and would like to share it with as many arthritis sufferers as possible.

### Read This If You Have Already Had Treatment Without Good Results

Even if you've failed Synvisc, Supartz, or other arthritis programs or had "blind" procedures, good results may still be possible when using **NY Pain MD** methods utilizing Precision Arthritis Targeting Technology (P.A.T.T.). To achieve the best results.



## ADVERTISEMENT

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### But There Is A Problem...

Even though this advanced treatment can help many patients, it is not a wonder cure or a magic wand. It does not help everyone. For that reason, every potential patient should have a complete examination. You will only be

### Here's How To Get A Free Screening at NYC Pain MD

Simply call 877-568-8350 and when Aura, Travis or Priscilla answers the phone tell them you want your No-Obligation "Knee Pain Screening". Discover if The *NYC Pain MD* Program can ease your knee arthritis pain like it has already done for so many others.

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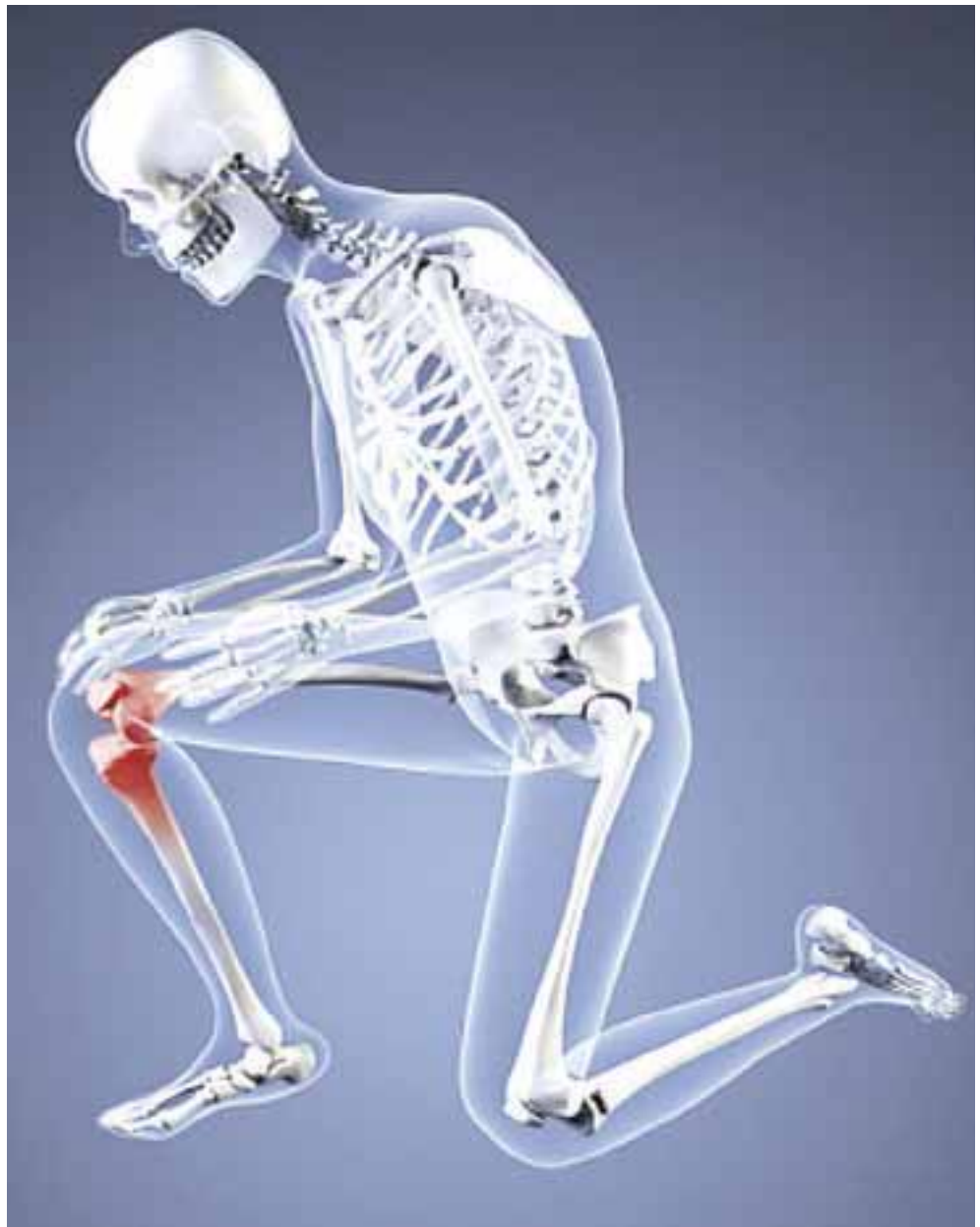
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accepted if we feel you are most likely to get the pain relief and outcome you are looking for.

That's why *NY Pain MD* would like to invite you to come in for a knee arthritis screening at no cost to see if you actually are a candidate for comprehensive evaluation and possible treatment. All you have to do is call 877-568-8350 right now and when the scheduling coordinator answers the phone, let them know you want to schedule a "*NY Pain MD Knee Pain And Arthritis Screening*." They will know exactly what you are talking about and schedule you for our first time available. During this time you can get all of your questions answered in a warm, friendly environment and begin to find out if the *NY Pain MD* protocol is right for you. But if you would like to do this, you should call right now. The demand for this procedure has been overwhelming with hundreds calling weekly. Since our doctors cannot possible screen everyone and we always make sure to give every single patient the personal attention they deserve, we have to limit these encounter. Therefore, the number of No-Cost, No Obligation screenings is limited to just 20. But... just imagine how it would feel to have much, if not all, of your knee pain finally gone. Imagine going to bed and being able to sleep through the entire night – and waking up refreshed and energized... ready to take on the brand new day... without the arthritis pain that's been terrorizing you and ruining your life. And imagine finally knowing you have a treatment to manage the pain caused by your knee arthritis. Well, you may not have to just



"imagine" any more... because our specialized medical regimen could be the answer you've been looking for. If you'd like to find out - at no cost to you - if we can help, simply give *NY Pain MD* a call at 877-568-8350 right now. Why wait one more day in pain when you may not have to? Call now before some one else get's your spot.

### One More Thing & This Is Important...

Ever since offering this innovative treatment, our office has been flooded with calls. For that reason, if when you call, the lines are busy or you get voice mail... just keep calling back. The possibility of living pain-free is well worth the effort it may take to get through to *NY Pain MD* schedule your No-Cost,

No-Obligation screening.

**And don't forget:** The special treatments are covered by many insurances and even Part B medicare for qualified candidates. To schedule your No-Obligation screening and consultation, call to speak to one our scheduling coordinators.

Call 877-568-8350 Now.

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## LIFESTYLE



Marvel knows how to make good superhero movies, with real-world stakes (Captain America), compelling villains (Black Panther) and flawed heroes (Iron Man). Can we just get back to that? MARVEL STUDIOS

# Why I don't care about 'Avengers: Infinity War'

I used to love superhero movies. Then they got noisy, crowded and pointless.



EVA KIS  
eva.kis@metro.us

No movie has ever been more appropriately titled than "Avengers: Infinity War." You can't blame the marketing department for calling the movie "most ambitious crossover event in history," but the internet was also right to turn it into a punchline.

Beyond the endless hype, there's only one thing that matters: The Marvel Cinematic Universe ends with "Infinity War," freeing the studio to hopefully make good movies again.

## Too much of a good thing

Marvel used to know what it was doing. It's spent 10 years building an entire Cinematic Universe of films that revolutionized the superhero genre, surprised

audiences and created believable romantic relationships instead of just tacking a woman onto the story when the hero needed motivation.

The first "Iron Man" remains possibly the best of the lot, which numbers 19 films with "Infinity War." Why did everyone suddenly start caring about superheroes? Because watching Tony Stark fight back against the monsters within and outside himself put the superhero back in its place: as the alter ego. Yeah, cool, the suit can fly, but we cared about the man inside it, whose motivations weren't always good and indulged in the power he'd created for himself.

He was quickly joined by Steve Rogers, who never stopped being a "kid from Brooklyn" even after putting on the Captain America suit. Thor spends his debut movie learning how to be a regular person so he can be worthy of his god status. Bruce Banner never wanted to be a part of any of this. Black Widow and the Winter Soldier were

born villains but chose a path that would hopefully allow them to live ordinary lives one day. Watching each character wield their "gifts" like burdens has challenged what it means to be a hero, and who can be one.

But starting in 2013, the obstacles became too small and the character-driven filmmaking turned into a CGI orgy with the typical stilted dialogue and *deus ex machina* plots of action films. First came "Thor: The Dark World"; most egregiously, "Avengers: Age of Ultron"; and the fun but fluffy "Guardians of the Galaxy." Even when Marvel tried to make a movie that got back to personal stakes and the complicated life of a superhero — specifically "Captain America: Civil War," which may as well have been the actual third Avengers movie — it's bloated with launching new franchises and so many side plots that you're burned out on trying to figure out what's happening and why.

## How to build a villain

"Infinity War's" villain, Thanos, is an alien who's been lurking in one of those side plots and in post-credits scenes since "The Avengers," when Loki borrowed his army to wreak havoc in New York. What does he want? Some glowy rocks that'll help him destroy half of all life in the universe. Why? To save it from consuming all the universe's resources. A likely scenario.

Other recent uber-villains have been just as problematic. Ultron was at least compelling for being an AI built by Tony Stark with the intention of keeping humanity safe that went rogue, a timely idea even if the movie ended up being a hot mess. But the excellent rebooted "X-Men" universe is probably dead in the wreckage of Apocalypse. And as much fun as it was to watch Cate Blanchett throw Thor and Loki around in Ragnarok, Hela didn't have much of a plan beyond making Asgard suffer. Now

there's Thanos wreaking havoc, with humanity, Earth and indeed the entire universe merely so much cosmic flotsam in his way.

Last summer, we got a glimmer of hope. Marvel had caught on that villains could be as compelling as heroes (way to double your franchise prospects, too!) with Vulture in "Spider-Man: Homecoming." Bought out by Stark Industries, he built an empire on stolen technology not to conquer anything, but simply to ensure his family's future. And this summer, Killmonger left some people walking out of "Black Panther" wondering about who they were supposed to be rooting for.

But all of that is possible only when the stakes are personal on both sides and there's room for something beyond explosions and fight scenes.

## What's the point?

So what does a too-powerful villain, 40 heroes shoved into one movie and no real plot

leave the audience to anticipate? What bigger and better machine will Tony Stark build now? Will CGI artists continue to try and top "Independence Day's" peerless disaster porn as they level all new cities? How will the manufactured love story between Scarlet Witch and Vision play out?

And to top it all off, Infinity War will end on a cliffhanger because it is actually two movies, with the second set to be released sometime next year. So if you like being frustrated, confused and having stuff blow up in your face, "Infinity War" is going to be everything you want.

It might also be the cleansing fire that saves the superhero genre. Infinity War will be the end the Marvel Cinematic Universe, with no guarantee of which heroes will live or die. Hopefully, wiping the slate clean will let it get back to storytelling rather than blowing things up.

But me? I'm going to sit out this particular ending of the world.



# This pop-up will give you serious 'Sailor Moon' vibes

The Enchanted Crystal room is the first to open at the latest Instagram-focussed installation.



EVA KIS  
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Reality-distorting rooms are all the rage, but a crystal room takes the genre to another level.

Formally known as the Palace of Enchanted Crystals, this glimmering, color-changing, dizzying purple hall is

giving us both cosmic princess and supervillain vibes — thanks, "Sailor Moon."

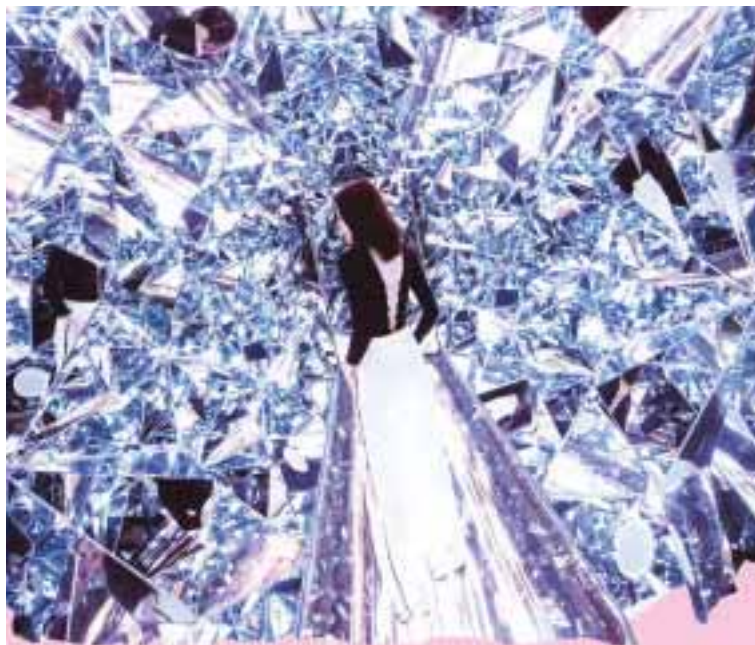
Part of a pop-up gallery called Happy-Go-Lucky Exhibit, the glittering hall is "the place where your wild dreams can come true." Opening June 9 and running through July 8 at 43 Wooster St. in SoHo, the crystal hallway leads to a series of eight rooms to "unleash your curiosity."

Other settings revealed on organizer Sunnynues' Instagram so far include a red room with a chili pepper-shaped recliner, an

"ocean of sunflowers" and a pink beach scene with an oversized open clamshell for all your Venus de Milo photo ops.

Tickets to Happy-Go-Lucky are timed, with admission every half hour daily from 11 a.m. to 9 p.m. They cost \$28 on weekdays and \$34 on weekends at sunnynues.com, and include an unspecified "treat."

Pop-ups that aim to enhance your mood are becoming quite the trend. Williamsburg's Dream Machine (through May 31, 93 N. Ninth St.) takes you through the process of falling asleep



The trend continues with the latest see-and-be-seen photo-friendly experience. SUNNYNUES

and through a physics-defying dreamland, including the hottest art exhibit of the moment: an infinity room.

On the slightly

stranger side of the spectrum, Egg House (through May 20, 195 Chrystie St.) on the Lower East Side ditches reality entirely for a

world where gigantic eggs live typical human lives. Honestly, go for it — whatever helps you forget about the real world for two minutes.



The pie's in the oven. PROVIDED

## New York is getting a Museum of Pizza

In a city with more pizzerias per capita than any other outside Italy, a Museum of Pizza seems redundant. But that's what we're getting, popping up from Oct. 13-28, open daily from 10 a.m. to 7 p.m. Tickets are already on sale for \$35 at themuseumofpizza.org, but the location remains secret for now.

Created by a group of vloggers called the Nameless Network, The Museum of Pizza is hyped like so: "Pizza is the undisputed, democratically-elected champion of food.

The snackable luxury whose freedom is universal."

None of those words actually mean anything, so this will probably be more Museum of Ice Cream than Museum of Chocolate. How "museum" became the preferred term for these selfie-focused artsy pop-ups is a question for historians to grapple with. You're here to take photos, not get philosophical.

To that end, the organizers promise that #MoPi will have "larger-than-life im-

mersive installations" in a space where you can "bask in multisensory pizza joy," a themed art gallery, a "pizza beach" (if you've got any ideas of what that could be, we'd love to hear them) and a cheese cave. Activities will include pizza meditations and film screenings.

There's also a slice of pizza included in the ticket price, though you may not get it on-site? There are still a few details being worked out. A portion of ticket sales will go to provide a meal to a family in need. EVA KIS

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# Stop wasting money on bills this spring



Simple changes that will leave you with more money in your wallet.



LUCY E. COUSINS  
letters@metro.us

There's nothing quite like the empty feeling you get from hand-

ing over hard-earned cash for a basic human necessity, like electricity. And while some are unavoidable, like taxes and transportation, most can be reduced with a few simple changes.

## Know your expenses

Writing down an expense list, though time-consuming, is one of the best ways to understand your household cash flow. Check out credit card statements, insurance payments, day-to-day costs and monthly expenses. Make a list of all large payments and any payments that you feel are avoidable so you can quickly identify any costs you can eliminate straight away.

## Switch up your lighting

An easy and quick way to reduce your electricity bill is to swap all your light bulbs over to LEDs. They will significantly reduce your electricity bill, especially if you've been using outdoor spotlights and other high-energy consuming bulbs. Plus, they last a long time; you won't have to change them for years.

## Get on the automation train

Sure, there's Google Home and its competitors, but the real way to save money is by using an automation system like Nest (nest.com). Not only can you regulate your thermostat remotely, you can turn your lights on and off from an app.

## Shop around

There's always a deal to be had when shopping around your bills. Look at your insurance, mortgage and cellphone providers first — has your situation changed, do you need to refinance your home? Is there a bundle deal with your internet and cable, or could you share an internet account with a neighbor to reduce costs?

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## Unplug energy suckers

According to the Department of Energy, the biggest energy suckers are your phone charger, computer, laptop and coffee machine. By unplugging them when not in use, they estimate you'll save around \$100 a year. Which will buy a lot of cold-press coffee.

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- The bottom of my feet hurt all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
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# On thin ice: 'Dancing With the Stars'



Harding and Farber are bookie favorites already. GETTY IMAGES

Tonya Harding dominates headlines as the new season airs live tonight on ABC.

HENRIETTA JONES  
letters@metro.us

Former figure skating champion and modern-day meme Tonya Harding continues to challenge public perception tonight on 2018's iteration of "Dancing With The Stars: Athletes," the 24th season of the popular reality show.

Swapping the chill of the ice rink for the lights of the dance floor, Harding and dance partner Sasha Farber join fellow figure skaters Adam Rippon and Mirai Nagasu on air tonight at 8 p.m. on ABC.

However, the compe-

tition is already proving to be fierce, with NBA Hall of Fame Basketball player Kareem Abdul-Jabbar telling "Access Live" on Wednesday: "I'm not competing against Tonya in a way where she needs to break my legs," referring to the 1994 incident where figure skating competitor Nancy Kerrigan was clubbed in the knee by Harding's ex-husband.

Although having no involvement in the attack, Harding pleaded guilty to hindering the prosecution, and was banned for life by the U.S. Figure Skating Association.

However, the sympathetic biopic "I, Tonya," starring Margot Robbie as Harding, has pushed the disgraced skater's story into the limelight once again — and Harding insists she is "humbled" by the opportunity to com-

pete on the show.

"It has been 27 years, basically, since I've been at the Olympics and in front of judges," Harding told "ET."

"This is like my second chance of coming out and being able to perform, not only for myself, but

for all my fans that have been there for so long."

These fans include actress Allison Janney, who Harding confirmed will attending the show's premiere to cheer her on. Janney won the Academy Award for Best Supporting Actress this year for

her portrayal of Harding's estranged mother, LaVona Golden, in the film. Margot Robbie, who played Harding in the film, has also promised to attend should Harding continue to the next rounds.

Partner Sasha Farber,

who is best known to viewers for proposing to his wife, fellow dancer Emma Slater, on the show in 2016, has shown complete confidence in Harding, telling reporters at the season launch "I don't think anyone, and I mean anyone, has ever seen what she is going to show."

While expressing gratitude for the opportunity, Harding is aware the American public is divided on her return to the spotlight.

"I know there are some people out there that don't like me and that's OK," she told "ET."

"But I just want to show them I'm a human being; I have feelings, and I'm here to try and do the best I can for myself and for my partner. I don't want to let him down."



Allison Janney, Tonya Harding and Margot Robbie at the Oscars celebrating "I, Tonya." GETTY IMAGES



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# 'The Fourth Estate' pits Trump against the NYT

Jenny Carchman and Justin Wilkes talk us through the gripping Showtime documentary series, which debuts at the Tribeca Film Festival.



GREGORY WAKEMAN  
Gregory.Wakeman@metro.us

A relentless, exhausting energy permeates "The Fourth Estate," the latest Showtime docu-series that showcases Donald Trump's first year as POTUS through the eyes of The New York Times.

That intensity was still prominent when I talked to co-director and producer Jenny Carchman and producer Justin Wilkes as they were busy editing the fourth and final episode, alongside director Liz Garbus. The show will air weekly on Showtime from May 27.

## Talk about the origins of the documentary.

**Carchman:** Trump had a meeting with the New York Times, and Maggie Haberman was live-tweeting in the meeting. Liz was reading those tweets and she wanted to be a fly on the wall in the



Follow the brains behind the "failing" New York Times reporters over the past year of "fake news." GETTY

room. That's when she asked if she could cover the first year of Trump's presidency through their lens. It took a little while, but they ultimately agreed. And we spent a year deep inside.

## Was there a positive moment about Trump that you took away from the film?

**Carchman:** What the election showed us is

how much we don't know about how this country feels or how this country works, or about red states and blue states. We're all located here on a coast, and we're surrounded by people that are voting for Hillary Clinton. But there was a huge population that wasn't. Trump's victory showed us the tenacity of the Republican Party and the way that they're be-

hind Trump. But it also showed us that there's a huge part of the country that we don't know how they feel. And I think the Times is trying to address that. Dean Banquet [New York Times executive editor] says that in the film: "I was wrong about the country. We all thought Hillary was going to win."

**By the time you left were**

## the reporters exhausted by Trump?

**Carchman:** Even reading the Michael Cohen stuff from the last few days, nobody can anticipate this stuff, and nobody knows anything, and the confusion and the excitement and the unpredictability of this is still there. To them this is still a great story. That's how they see it. That's how they approach it. It's not emotional, it's really about following the facts, and the process of getting the story. That's where their focus is. It's not, "Holy s-t, I can't believe this is happening." It's, "Holy s-t, how are we going to get this right?"

## What was the biggest takeaway from the documentary?

**Wilkes:** Just how robust and committed the reporters and everyone at the Times want to get this story right. This is one of the biggest story of our times. And at a time when journalism and the likes of the Post and the Times are under fire, it reminds us how important these institutions are.



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# How 3 students got an education on the cheap

FRANK MELO, ROMANA  
VYSATOVA PHOTOGRAPHY

ELISA MAGAGNA



ERIN LAKENEN



NerdWallet is a  
personal finance website.

As total U.S. student debt approaches \$1.5 trillion, low-cost higher education options are compelling for students who want to train for a career without taking out loans. Here's how three students found low-cost paths.

## Pell Grants and stipends

After serving a prison sentence for drug-related charges, Frank Melo enrolled at Bunker Hill Community College in Boston. He was deter-

mined to change his life.

Melo, now 21, qualified for a Pell Grant to cover tuition. Any U.S. college student with enough financial need is eligible for one.

In addition to the Pell Grant, Melo receives a weekly stipend from College Bound Dorchester, a nonprofit aiming to fight poverty through education. The stipend is part of the organization's Boston Uncornered Initiative and covers living costs.

Being able to count on that money helps Melo focus on school. "I can't stress enough how that stipend keeps me out of trouble," he says.

## Low-cost online courses

Earning a bachelor's degree in business helped Elisa Magagna land an office manager

job that pays about \$8 an hour more than she'd made before. It was a much-needed raise for Magagna, who was raising four children as a single mom.

She attended Western Governors University, an online-only nonprofit school where annual

tuition and fees for undergraduate business students are cheaper than those for in-state students at the average four-year public school in 2016-17 (\$6,670 vs. \$8,173). Not all online programs are affordable or reputable, though, so it's crucial for students

to practice due diligence before enrolling in one.

Magagna worked full-time while in school and received Pell Grants. She also finished her four-year degree in just over three years, shaving off a year of tuition. Upon graduation, she owed just \$3,000 in

student loans — a small amount compared with the average debt for the class of 2016, ranging from \$19,975 in Utah to \$36,367 in New Hampshire, according to The Institute for College Access and Success.

## Apprenticeships

As a high school senior, Erin Lakenen was lukewarm about college but was sure about one thing: She didn't want student debt.

Instead, Lakenen became an electrical apprentice. Her father, a former ironworker and now president of the local steelworkers union, suggested the apprenticeship. She gets paid competitive wages to work full-time as an electrician, but she didn't have any electrical skills going in.

TEDDY NYKIEL



ISTOCK

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# Remote work: handy or harmful?

Working from home could be a risk to your career and health.



**KARL SAINT LUCY**  
letters@metro.us

Remote work is tempting, and for good reason — workers are shifting their career focus to achieve a better work-life balance, and working from home provides great opportunities to put family first. If your kitchen is your office, you don't have to rack up commuting expenses; and if there are dirty dishes in the sink, they've been left by someone you love, not a professional adult who should know better. But could telecommuting be killing you?

Human-resources software company iCIMS reports that recruiters place higher value on soft skills — like problem-solving, adaptability and time management — than technical skills when eval-

uating employees for jobs. Working entirely on your own terms is nice, but it deprives you of the opportunity to practice managing the idiosyncrasies of others, which can hurt your chances for promotion to roles in leadership.

Face-to-face work also helps build trust and credibility, two traits you'll want to have in your back pocket when you need to ask colleagues and superiors to act as references down the line. Remote work keeps you from reaping their benefits.

In-office work also gives employees the chance to work around others who are further along on their career path — you'll learn how to get there from their examples.

You'll also get the benefit of spontaneous inspiration from others — whether it's an off-the-cuff color suggestion for a one-pager design or a throw-away feature concept that just might work,



Working in your PJs can sink your future career prospects. **ISTOCK**

but you need to be there when it happens.

Friendships are best cultivated in person, and employees are much more productive when they have a best friend at work. Go into the office for your BOF (best office friend) AND your career.

Speaking of productivity — dressing up for

work can “do wonders for an employee's productivity,” according to The Wall Street Journal. It's comfy to send emails in your skivvies, but your remote work uniform may be shooting your potential in the foot.

Offices are built with productivity and comfort in mind. Your pitch for

trendy ergonomic furniture is likely to be better handled by your manager than by your spouse.

Fast Company reports that social isolation increases the risk of mortality by 29%, bad news for workers who spend most of the time at home by themselves.

Of course, remote

work vs. office work isn't always an either-of proposition — some employees try for the best of both worlds by coming into the office most of the time and working from home only occasionally. However you split it, think twice before going whole hog on the remote trend.

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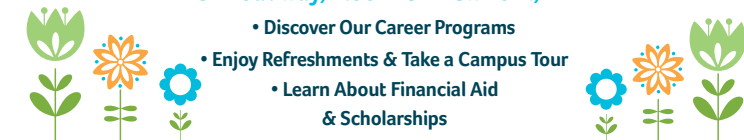
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## SPORTS

## TODAY'S GAMES

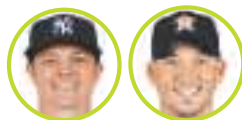
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NBCSN

## KNIGHTS AT SHARKS

2ND ROUND, GAME 3  
10 PM  
NBCSN

# Blue will suit Saquon Barkley

Looking at what the Giants are getting with Saquon Barkley.



JOE PANTORNO  
joseph.pantorno@metro.us

Talk to any NFL draft analyst and they will tell you that new Giants running back Saquon Barkley was the top prospect available in the year's selection process.

While there was a chance that they could select a quarterback to take the torch from the aging Eli Manning, new general manager Dave Gettleman decided to take the running back that is expected to develop into a game changer at the NFL level.

It's not as though the front office needed much persuading considering their rushing attack has been one of the worst in the league over the last five years.

Here is what Giants fans can expect from their newest weapon:

## VISION

One of the most important features a running back needs to succeed in the NFL is an ability to scan the field in order to find running lanes. We've seen extremely promising backs like Trent Richardson go down in flames upon arriving to the NFL because they can't recognize where to go. Barkley won't have that problem as his vision is above average. He keeps his eyes darting in order to find alternative lanes and lets his body do the rest.

## FRAME AND AGILITY

Barkley is not the largest prospect out there at six-foot flat, but an incredible work ethic has helped him evolve into one of the most well-rounded backs in the country.

A compact frame keeps him low to the ground and all those hours spent at the gym make him a battering ram that will be difficult to tackle. Powerful legs make him one of the most agile rushers you will see, too. He can change direction on a dime with such a drastic explosiveness that he is going to be tough to catch.



**HEIGHT:** 6'  
**WEIGHT:** 233 LBS

**40-YARD DASH**  
4.4 SECONDS

**225-LB BENCH**  
29 REPS

**VERTICAL JUMP**  
41.0 INCHES

**20-YD. SHUTTLE**  
4.24 SECONDS

## 2017 STATS

217 ATTEMPTS  
1,271 YARDS  
5.9 YDS/RUSH  
18 TD

54 RECEPTIONS  
632 YARDS  
3 TD

# Sam Darnold could fly with Jets

The New York Jets might not have gotten their first choice of quarterback after the Cleveland Browns took Baker Mayfield with the No. 1 pick of the 2018 NFL Draft, but Gang Green still got quite a prospect in USC passer Sam Darnold.

It was well worth GM Mike Maccagnan's gamble of trading up from No. 6 to No. 3 in order to do so as Darnold was considered by many to be one of, if not the best quarterback at the draft this year.

There is no denying that heavy expectations will be placed on Darnold's shoulder whenever he steps under center at MetLife Stadium, but he will at least have some time to acclimate to life in the NFL as the Jets have Josh McCown and Teddy Bridgewater to help the youngster's development.

He might not play immediately, but there is plenty of promise surrounding Darnold and his future in green.

JOE PANTORNO

## PATIENCE AND TRUST

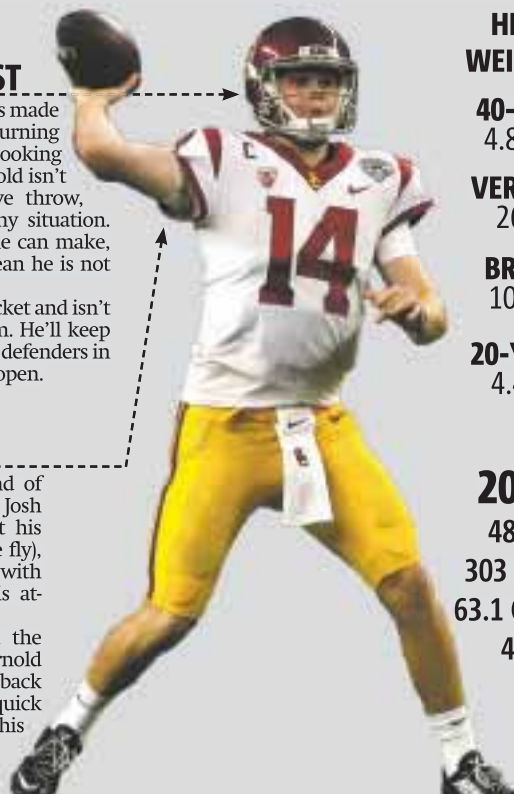
Heading into the draft, a lot was made about Darnold's issues with turning the ball over without actually looking into what was causing it. Darnold isn't afraid to make the aggressive throw, trusting his arm in almost any situation. If he sees a throw he thinks he can make, he'll go for it. That doesn't mean he is not composed.

Darnold is a pillar in the pocket and isn't rattled by pressure around him. He'll keep his eyes downfield and look off defenders in order to help get his receivers open.

## QUICK DRAW

Darnold doesn't have the kind of powerful arm that Wyoming's Josh Allen exhibited last month at his pro day (70-yard bombs on the fly), but he is an accurate passer with a tight spiral that ensures his attempts stay straight and true.

As long as he is ensured the slightest bit of protection, Darnold is going to be a difficult quarterback to bring down, too. He has a quick arm that gets the ball out of his hands in a flash.



**HEIGHT:** 6'3"  
**WEIGHT:** 221 LBS

**40-YARD DASH**  
4.85 SECONDS

**VERTICAL JUMP**  
26.5 INCHES

**BROAD JUMP**  
105.0 INCHES

**20-YD. SHUTTLE**  
4.4 SECONDS

## 2017 STATS

480 ATTEMPTS  
303 COMPLETIONS  
63.1 COMPLETION %  
4,143 YARDS  
26 TD  
13 INT



# JETS GM STUCK TO PLAN AND IT WORKED

## OPINION



**KRISTIAN DYER**  
@KristianRDyer

This is what a plan look likes.

A month ago, New York Jets general manager Mike Maccagnan received criticism and scrutiny for moving up early in the NFL draft, exchanging their original sixth pick and three second-round selections over the next two years to get that coveted No. 3 spot. The pick now looks like a steal as the Jets selected a franchise quarterback in the making in Sam Darnold.

It is a steal of a move, something that hasn't often been said around these parts. The Jets went into this whole offseason with a plan and now, they emerge with a future.

The Jets didn't overspend in free agency, staying disciplined as they added value to their

team and improved. They didn't get superstars, they didn't spend simply for the sake of spending. Instead, they built with the future in mind, a far cry from 2015 when Maccagnan's first offseason saw him spending like it was going out of style. Lessons were learned and the team — as well as Maccagnan — were better for it.

But with \$100 million heading into next offseason and a franchise quarterback in Darnold, the Jets are not just on solid footing. They are close to taking off.

Darnold has the obvious luxury of sitting behind veterans Josh McCown and Teddy Bridgewater for at least part of the year, all part of the master plan laid out by Maccagnan. He needs to work on mechanics and there are the troublesome turnovers this past year at USC, but Darnold will be able to sit and grow as a quarterback, maturing into this role and this city.



Forget the process in Philadelphia, the Jets have one of their own and got a big future piece for it. GETTY IMAGES

Being a starting quarterback in New York is different than anywhere else, a place that has gobbled up top draft picks and veterans before fraught with perils and bright lights.

But Maccagnan planned for this, putting in place a bridge between the present and when Darnold inevitably takes

over this team. He also saved cap space for next year to bring in playmakers and offensive line help as Darnold grows into this role as a starter.

The general manager made a series of ingenious moves this offseason, many of which flew under the proverbial radar. They were moves that

culminated in tonight.

The Jets are a better team because Maccagnan had the vision, the audacity to look ahead and see the depth of the quarterback position in this draft class. He knew and understood that sitting at third gave the Jets a shot — in all likelihood — of either Baker Mayfield or Darnold.

With Mayfield's shock selection No. 1 to the Cleveland Browns, the Jets landed a quarterback who many considered the best of the class. He has the prototypical size and build as well as the kind of pedigree that, more often than not, points to success.

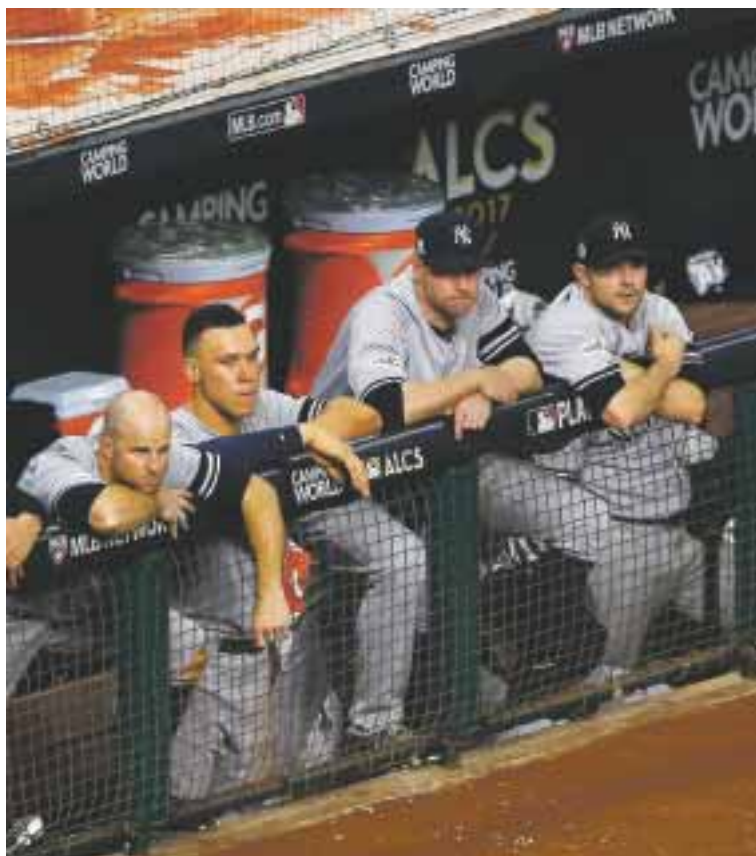
It was a series of gutsy moves by Maccagnan to get to this point.

There is no guarantee that Darnold will finally spell an end to this team's wandering in the wilderness for four decades, a franchise forever looking for a quarterback. He might not pan out, might simply be decidedly average.

But with the cap space to build a team next year and arguably the draft's top quarterback, the Jets at least have a direction. And that direction could well finally be Super Bowl bound.

As long as they don't bring in Tim Tebow as a personal punt protector, they should be just fine.

## Yanks, Astros square off in Houston



For the first time since a heartbreaking Game 7 loss in the ALCS, the Yankees are back in Houston to take on the Astros in an early blockbuster of a four-game series. For more, visit [metro.us/new-york/sports](http://metro.us/new-york/sports).

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PI: Zahi Fayad, GCO 15-0893

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**NOTICE IS HEREBY GIVEN,** PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday May 23, 2018 at 2:00 p.m. at 42 Broadway, 5th floor on a petition for G-13 Project Inc. to establish, maintain, and operate an unenclosed sidewalk cafe at 2817 Coney Island Ave. in the Borough of Brooklyn for a term of two years.

REQUEST FOR COPIES OF THE REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004

**NOTICE IS HEREBY GIVEN** that a license, Number 1309765, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail under the Alcoholic Beverage Control Law at 164-24 Willets Point Blvd., Whitestone, NY 11357. Queens County, for on premises consumption. Abzum Inc.

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## LEGAL NOTICES

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**NOTICE IS HEREBY GIVEN** that a license, Serial Number 1309663, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 146 West 72nd St., New York, NY 10023. New York County, for on premises consumption. Abzum Sushi Inc.

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**NOTICE IS HEREBY GIVEN** that a license, Serial # 1309705, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 1678 3rd Ave., New York, NY 10128. New York County, for on premise consumption. Eastside Barking Dog Inc.

**NOTICE IS HEREBY GIVEN** that a license, Number 1309014, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Bar/Tavern under the Alcoholic Beverage Control Law at 79-17 Atlantic Ave., Woodhaven, NY 11421. Queens County, for on premises consumption. Casabe Bar & Grill Inc.

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## GAMES

## metro.us/crossword

35 Pina –  
36 Tan shade  
37 Altar constellation  
38 Deli bread choice  
39 Paying rent  
42 Doctrine  
45 Gemsbok cousin  
46 Luau welcomes  
50 Granola kin  
53 Manuscript fixer  
55 Engine part  
56 Family cars  
57 Lingers  
58 Brine-cured Greek cheese

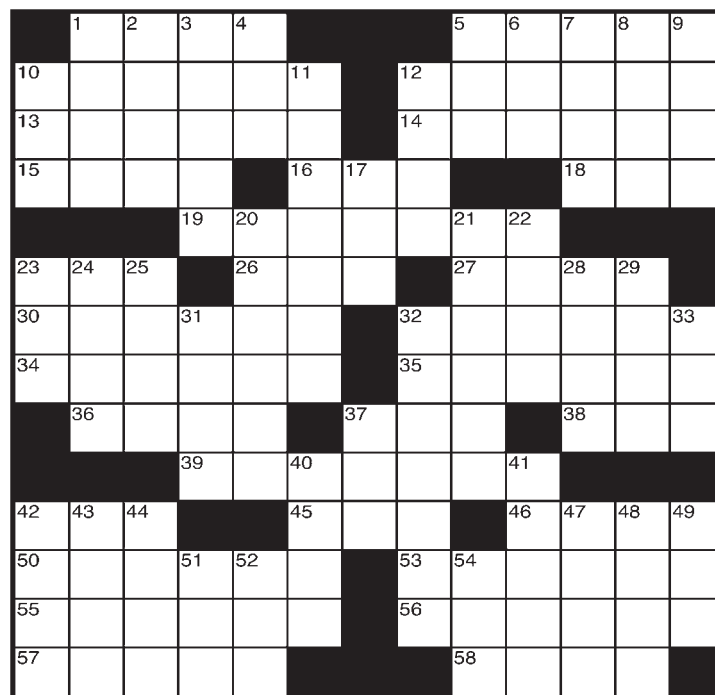
## DOWN

1 Sense  
2 Horrible boss  
3 Breadmaker's need  
4 Cable network  
5 Vitality  
6 Byron work  
7 Threadbare  
8 Latin I verb  
9 Reckless  
10 – -tzu of the "Tao"

11 Deceptions  
12 Persians, to Greeks  
17 Bad actor  
20 Insulation meas. (hyph.)  
21 Toledo native  
22 Former NFL coach Chuck –  
23 Hackers' machines  
24 Palace entrance  
25 With, to Henri  
28 Close  
29 – 500  
31 Tarzan's title  
32 Scroll writers  
33 – kwon do  
37 Japanese volcano  
40 Similar  
41 Coast along  
42 Misbehaving kids  
43 Exec, slangily  
44 High plateau  
47 French state  
48 Hebrides island  
49 Grads-to-be  
51 Farm abode  
52 Oaxaca article  
54 Rock's – Leppard

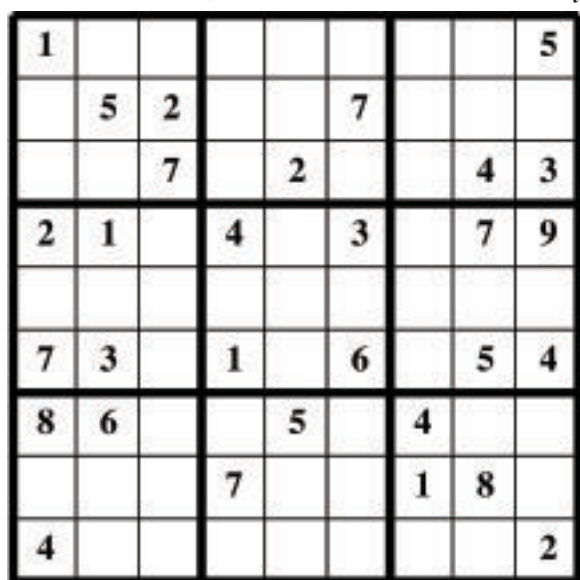
## ACROSS

1 A.J., the race car driver  
5 Authority  
10 "The – of Sleepy Hollow"  
12 Man's hat  
13 Fill with fizz  
14 Puccini works  
15 Fiesta cheers  
16 Amigo of Fidel  
18 Last degree  
19 Impeachable crime  
23 Links org.  
26 Zip  
27 Hagar's daughter  
30 Warning word  
32 Kind of butler  
34 Swipes

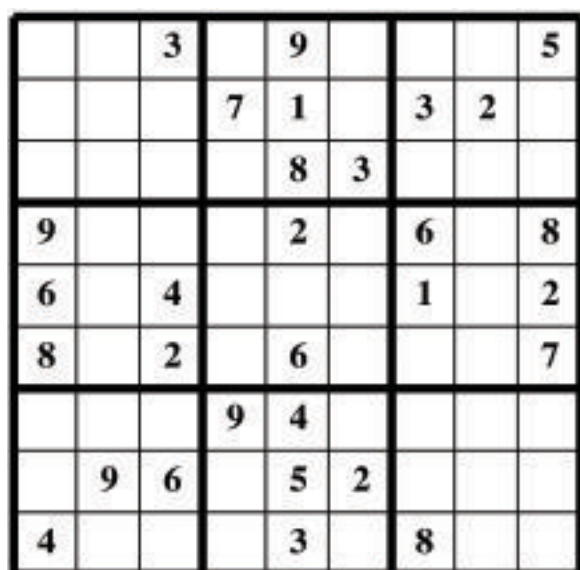


## metro.us/sudoku

easy



hard



## metro.us/horoscopes



**Aries** Think twice before you take on a challenge or initiate a change. Concentrate on self-improvement and personal gains instead of trying to change others.



**Taurus** How you respond to what others do and say will make a difference. Stand up for your rights and don't be too shy to take a leadership position.



**Gemini** Refuse to be bought. If someone is trying to manipulate you, use diplomacy and intelligence to outsmart them. Avoid exhausting people.



**Cancer** Get involved in organized activities or events that will bring you in touch with like-minded people. Collaborating with others will lead to something special.



**Leo** You may be willing to stick your neck out to bring about change, but consider what's entailed and if you have the time and patience to follow through before making promises.



**Virgo** Get yourself out there and take a business trip or attend a trade show, lecture or gathering with people who share your sentiments. Listen to good advice offered by a friend or relative.



**Libra** Think before you respond. Not everyone will be easy to get along with, and when it comes to joint ventures, you are best off avoiding anything risky.



**Scorpio** Stop worrying about what others are doing, and concentrate more on what you are trying to accomplish. Your competitive nature and intense drive will lead to victory.



**Sagittarius** Protect your future. Look at any changes taking place around you as an opportunity to try something new. Sharing something special with a loved one is favored.



**Capricorn** Concentrate on how to best use your skills. Keep up with changing technology to remain competitive. A positive change at home will ease your stress.



**Aquarius** You'll be dragged into something you probably should avoid if you aren't quick to walk away from someone forcing his or her will on you.



**Pisces** Money matters should be resolved. A joint venture will only work if you are willing to do your share and demand the same from your partner. **EUGENIA LAST**

## Yesterday's answers



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